



Family Services Directory

Excellence in rural healthcare



United Lincolnshire
Hospitals
NHS Trust

LOCAL OFFER

Where to Find Help and Advice for Children with Additional Needs
and Complex Disabilities/ Autism Spectrum Disorders

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SERVICES IN LINCOLNSHIRE FOR CHILDREN AND YOUNG PEOPLE WITH AN ADDITIONAL NEED/SPECIAL EDUCATIONAL NEED AND/OR DISABILITY

We acknowledge that it can be difficult to know where to find appropriate help and support on the realisation that your child/ren has an additional need or disability.

This information booklet has therefore been devised to provide a starting point for you to access appropriate support for you and your family.

The various services and teams work in partnership to meet the need of children and young people with a range of additional needs including severe and complex physical and learning disabilities or who have a sensory impairment.

This is not an exhaustive list of services but a snap shot of what services are available in Lincolnshire. For a full list please visit:

www.lincolnshire.gov.uk/SENDLocaloffer



WHAT ARE SPECIAL EDUCATIONAL NEEDS AND/OR DISABILITIES?

A child or young person has a Special Educational Need (SEN) if they have a learning difficulty or disability which calls for special educational provision to be made for him or her.

A child of compulsory school age or a young person has a learning difficulty or disability if he or she:

- has a significantly greater difficulty in learning than the majority of others of the same age, or
- has a disability which prevents or hinders him or her from making use of facilities of a kind generally provided for others of the same age in mainstream schools or mainstream post-16 institutions.

A child under compulsory school age has special educational needs if he or she is likely to fall within the definition above when they reach compulsory school age or would do so if special educational provision was not made for them.

Many children and young people who have SEN may have a disability under the Equality Act 2010 – that is ‘...a *physical or mental impairment which has a long-term and*

substantial adverse effect on their ability to carry out normal day-to-day activities’.

This definition includes sensory impairments such as those affecting sight or hearing, and long-term health conditions such as asthma, diabetes, epilepsy, and cancer. Children and young people with such conditions do not necessarily have SEN, but there is a significant overlap between disabled children and young people and those with SEN. Where a disabled child or young person requires special educational provision they will also be covered by the SEN definition.



LINCOLNSHIRE'S LOCAL OFFER

The Local Offer is part of the Special Educational Needs and Disability (SEND) reforms from the Children and Families Act 2014.

There are two main purposes for the Local Offer:

1. to improve information about services and provision available for families, children and young people with Special Educational Needs and Disabilities, and to make it easier for all families to find this information by making it available in one place.
2. that by working directly with families, children and young people on developing the Local Offer, Local Authorities and Health partners can improve provision.

Lincolnshire's Local Offer includes leisure and activity providers, health and care services, education providers and support groups.

Who is it for?

The Local Offer is for children and young people aged 0-25 with special educational needs and/or disabilities, and their families.

It will also help professionals working with families to find the right information.

Where can I find it?

You can find a wide variety of information and signposting on the Local Offer website, including information about the organisations listed within this booklet, where to find help and support regarding educational issues, health, social care, and links to local activities and support networks.

The Local Offer is available on-line on the Family Services Directory but you can also contact either the Family Information Service or LIAISE Information, Advice and Support Service and they will help you find what you need, or if you need additional support with the website.



www.lincolnshire.gov.uk/SENDLocaloffer



0800 195 1635



fs@lincolnshire.gov.uk

PROFESSIONAL ADVICE AND SUPPORT



**“THERE ARE
AROUND
700,000
PEOPLE IN THE
UK LIVING WITH
AUTISM - THAT’S
MORE THAN 1 IN
100.”**

The NHS Information Centre, Community and Mental Health Team, Brugha, T. et al (2012). Estimating the prevalence

4ALL - LINCOLNSHIRE CHILDREN'S DISABILITY REGISTER

4All Children's Disability Register for children and young people aged 0-25 with a disability and/or additional needs in Lincolnshire.

Registering your child on Lincolnshire's Children's Disability Register helps us identify and plan for the needs of children and young people with disabilities, their parents and carers.

The register also operates as a contact list to provide information and consultation about short break opportunities, funded by Lincolnshire County Council, through the Lincolnshire Short Breaks for Disabled Children Team.

Contact the Families Information Service on **0800 195 1635** if you're not sure if your child is eligible for the register or if you need help with:

queries relating to disability/additional needs other family issues ranging from childcare to benefits, leisure to support groups

Registration is voluntary and is not linked to or a requirement of receiving social care services, which are assessed separately.

To register your child, please complete our **online registration form**. You can also email us at **4all@lincolnshire.gov.uk** or call **0800 195 1635** for more details.

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES (CAMHS)

The CAMHS service provides a range of comprehensive, multidisciplinary, community mental health services for children and young people with mental health needs, and their parent's carers.

This may include mild to moderate emotional wellbeing concerns and mental health problems, as well as moderate, acute and severe, complex and/or enduring mental health problems or disorders that are causing significant impairments in their lives.

The Service includes:

- A Single Point of Access (SPA) Support to universal services.
- An integrated CAMHS provision delivering evidence based pathways and focused on outcomes known as Core CAMHS.
- Access to Crisis Intervention and Home Treatment 24 hours a day, seven day a week.
- A community based Eating Disorder service.
- Support to vulnerable groups including young people with a learning disability. Care and support through transition to adult services where needed.

Referral

All children and young people up to their 18th birthday who are resident and/or registered

with a GP within Lincolnshire can be referred to the Lincolnshire CAMHS provided:

There are concerns about their mental health and/ or psychological wellbeing.

and

They have received support from professionals in universal services that has not helped to make a sufficient improvement.

or

Their problems are at a significant level the referrer feels they need immediate access to assessment and treatment from mental health professionals.

They do **NOT** accept referrals:

- When a response for an immediate physical or medical health emergency is required (Contact Emergency services)
- A young person is displaying behavioural problems but no other interventions have been tried with parents/carers and school in accordance with the 'Collaborative Lincolnshire Behaviour Pathway'.
- For the assessment, diagnosis of, or review of medication for ADHD or for the diagnosis/ treatment of the Autism Spectrum Disorder

- (ASD), Tourette's Syndrome, Dyslexia, Dyspraxia and other neurodevelopmental disorders of childhood.

- For the provision of purely physical health and/or sexual health in isolation of a mental health need.

- For treatment of a substance misuse problem, however if there are coexisting mental health problems, these should be discussed with CAMHS through the Professional Advice Line.

Referrals are accepted from:

- GPs
- Social workers
- Paediatricians
- Health visitors
- Vulnerable Children Nurses
- School nurses
- GP surgery nurse practitioners
- Educational psychologists
- Special Educational Need & Disability Team
- Teachers/ Educational staff
- SENCO's
- Youth Offending Team
- Barnardo's (Leaving care referrals)

All other referrers should first speak to the CAMHS Professional Advice Line on **01522 309120**.

CHILDREN WITH DISABILITIES TEAM

Lincolnshire County Council's Children with Disabilities Team are part of the Special Education Need and Disability Service. The social work team provides a statutory service for children and young people with a severe and profound disability. Services may be available to those that are eligible after being subject of a social care assessment. For information on how to access these services and how to have an assessment please contact the Customer Service Centre.



www.cwdsi.co.uk



01522 782111



Customer_services@lincolnshire.gov.uk

CHILDREN'S CENTRES

Lincolnshire Sure Start Children's Centres offer help, advice and a friendly welcome to all families and carers with children from 0-5 years.

There are now 25 main Children's Centres, with many linked sites throughout the county please see www.lincolnshire.gov.uk/childrencentres for a full list of all 48 centres across Lincolnshire.

You're welcome at any Children's Centre - they offer a fantastic variety of activities, free drop in sessions and helpful services.

All Centres offer:

- Child and family health services
- Advice and information for families
- Strong links with local childcare and education at all Centres
- Stay and play sessions to support your child's development
- Adult learning and volunteering opportunities
- Support for parents on a range of issues and parenting programmes

Each Centre offers additional services and activities according to the needs of the local community these can include;

- Parent led play sessions
- Young Parent Groups.

Boston



01205 319899



BostonCC@lincolnshire.gov.uk

Sutterton



01205 461509



SuttertonCC@lincolnshire.gov.uk

Mablethorpe



01507 479412



MablethorpeCC@lincolnshire.gov.uk

Wainfleet



01754 880500



WainfleetCC@lincolnshire.gov.uk

Louth



01507 607087



Louth_CC_Fax@lincolnshire.gov.uk

Spilsby



01790 753451



SpilsbyCC@lincolnshire.gov.uk

Lincoln North



01522 544801



LincolnNorthCC@lincolnshire.gov.uk

St Giles



01522 529631



StGilesCC@lincolnshire.gov.uk

Lincoln Central



01522 569511



LincolnCentralCC@lincolnshire.gov.uk

Abbey



01522 555689



AbbeyCC@lincolnshire.gov.uk

Birchwood



01522 689991



BirchwoodCC@lincolnshire.gov.uk

Witham Priory Family Centre



01522 882900

Sleaford



01529 306888



Sleaford@lincolnshire.gov.uk

Waddington



01522 721750



WaddingtonCC@lincolnshire.gov.uk

Spalding



01775 767475



SpaldingCC@lincolnshire.gov.uk

Holbeach



01406 426064



HolbeachCC@lincolnshire.gov.uk

Grantham Belton Lane



01476 584640



BeltonLaneCC@lincolnshire.gov.uk

Grantham Swingbridge



01476 590034



SwingbridgeCC@lincolnshire.gov.uk

South Witham



01572 768876



SouthWithamCC@lincolnshire.gov.uk

Stamford



01780 764072



StamfordCC@lincolnshire.gov.uk

Gainsborough Market Arcade



01427 617767



GainsboroughCC@lincolnshire.gov.uk

Gainsborough North Marsh Road



01522 550318



GainsboroughCC@lincolnshire.gov.uk

Market Rasen



01673 844703



MarketrasenCC@lincolnshire.gov.uk

Welton



01673 862767



MarketrasenCC@lincolnshire.gov.uk



EARLY YEARS AND CHILDCARE SUPPORT

Early Years and Childcare Support is committed to working in partnership with all Early Years providers, Early Years Locality Teams and professionals to achieve the highest standards of inclusive, quality early years provision for children and families. Early Years and Childcare Support seeks to provide a range of activities and services by working with all early years providers and the county's network of Children's Centres, which aim to improve parent and child attachment, child development, school readiness and the prevention of escalation to specialist services.

The government's Early Help offer recognises that preventing problems or interventions as soon as they are identified is essential to support the development and achievement of children. Well targeted early intervention is likely to lead to better outcomes or improve a child's resilience against poor outcomes. It is therefore critical that all Early Years providers across Lincolnshire are supported and challenged to provide outstanding inclusive, quality provision for Lincolnshire's youngest children in order that they all achieve 'good' outcomes at the end of the Early Years Foundation Stage and have the necessary skills to enable them to achieve their potential throughout school and their adult life. Early Years and Childcare Support work in partnership with the Early Years Locality teams to provide the following services that contribute to the Early Help offer;

Promoting and supporting the early

identification of children aged 0-5 years with additional needs and disabilities in order to improve outcomes. This is implemented by Early Years Specialist Teachers working closely with SENCos to ensure early identification and intervention for children and their families.

Monitoring to ensure that effective early intervention and support for children and their families is provided in a timely manner. Support is given to settings to identify developmental delay in young children and provide additional support in a Children's Centre or an early years setting to help children catch up with their peers.

Providing support and advice to promote school readiness and a smooth transition into school, seeking to ensure that all children are 'school ready' and in a position to learn and achieve in a school setting. The key focus of the work is on the delivery of early intervention and transition groups to promote school readiness.

Services are available to all early years providers including early years settings, schools, childminders, Out of School clubs and within Children's Centres across Lincolnshire. Services can be accessed through the early years provision identified above, or on request by emailing EYCC@lincolnshire.gov.uk



www.lincolnshire.gov.uk/eycc



01522 552752

EDUCATIONAL PSYCHOLOGY TEAM

Educational Psychologists in Lincolnshire are employed by Lincolnshire County Council to work with young people between the ages of 0 - 25, their teachers and their parents to help them make the most of learning opportunities.

Educational Psychologists work with those young people who have the most complex needs, for example autism, attachment issues, emotional wellbeing. An Educational Psychologist usually becomes involved with a child or young person when those working with that child in the pre-school setting or school feel puzzled about how to help them with their learning and development.

In order to find ways of helping children make progress, Educational Psychologists work with parents, teachers and other staff following the 'assess, plan, do, review' cycle as outlined in the SEN and Disability Code of Practice. They do this by talking with parents, teachers and other professionals about any concerns there might be about a young person's learning. They might also observe the young person working or playing at pre-school/school or at home. They might also talk to the young person and may work directly with him/her. They do all this to try to build a picture of strengths and interests and any difficulties the young person might be experiencing within school or pre-school.

The Educational Psychologist will use the information gathered in order to help teachers or parents to put together a plan to try to address the identified difficulties. The plan is likely to include targeted interventions

for the young person and may also include the delivery of training so that staff can become more skilled in meeting the young person's needs.

Educational Psychology Helpline

The Educational Psychology Team provide a helpline for parents and carers who are concerned about a particular issue relating to their child.

The helpline is staffed by one of the Educational Psychologists on a rota basis every Tuesday afternoon from 1.30pm until 4pm (except Christmas School holidays).



www.lincolnshire.gov.uk/parents/family-support/the-educational-psychology-service/



01522 554673



Education_psychology@lincolnshire.gov.uk

ESCO: EARLY SUPPORT AND CARE COORDINATION

Early Support Care Coordination (ESCO) is a targeted service provided by Lincolnshire County Council Children Services, Special Educational Needs and Disabilities (SEND) Service.

Our Mission Statement: To provide early support for families and children and young people with special needs and disabilities to feel empowered, supported and have the opportunity to reach their potential through holistic key working, care coordination and information sharing.

ESCO provides early help provision for child and young people from 0-18 years of age, and is committed to improving the delivery of services for disabled children, young people and their families. It enables services to co-ordinate their activity better and provide families with a single point of contact and continuity through key working and face to face information sharing and signposting. ESCO ensures that service delivery is child, young person and family centred. It focuses on supporting services and practitioners to work in partnership with children, young people and their families.

ESCO provide the following services:

ESCO Care Coordination

Some families and young people may benefit from care coordination and a multi-agency plan with a Key Worker providing a single point of contact. To access care coordination requires an involved professional completing

a Early Help Assessment form and logging the request with Lincolnshire Customer Service Centre on: **01522 782111**. The Early Help Assessment is screened to determine if ESCO can support the unmet needs and then if appropriate a Key Worker from the ESCO team will visit the family at home to further explain about care coordination.

ESCO drop in clinics

The ESCO service facilitate drop in clinics across Lincolnshire. For many parents/carers, having the opportunity to sit down with a knowledgeable professional for a brief consultation can be all that is required to enable them to navigate the system of services and identify local universal and targeted services for children with additional needs. An ESCO Drop-in appointment provides the opportunity for parents/carers to meet with an ESCO Key Worker for a one hour session at a convenient Children's Centre. This service is available to all parents/carers of children who live in Lincolnshire, with a disability and/or additional need. Parents/carers can book a Drop-in appointment directly with Lincolnshire Customer Services Centre on: **01522 782111**.



www.lincolnshire.gov.uk/parents/disability-and-sensory-impairment/early-support-care-coordination/



01522 552389 (General Enquiries)
01522 782111 (Book a drop in session)



esco@lincolnshire.gov.uk

FAMILY INFORMATION SERVICE

The Family Information Service (FIS) can search for suitable registered childcare in Lincolnshire, and has information for families such as leisure activities, extended services in schools, childcare, childcare as a career, support services and benefits.

FIS also offers information on a wide range of services for families with children and young people with disabilities including childcare, and wider children's services.

Information is also available about childcare types, choosing childcare and costs.

Monday to Friday 08:00-18:00

 www.lincolnshire.gov.uk/fsd

 0800 195 1635

 fis@lincolnshire.gov.uk

FAMILY SERVICES DIRECTORY

The Family Services Directory is Lincolnshire's online directory of services for all families, including childcare, schools, activities and events, support groups and Lincolnshire's Local Offer.

 www.lincolnshire.gov.uk/fsd

 0800 195 1635

 fsd@lincolnshire.gov.uk



LIAISE (SEND INFORMATION, ADVICE AND SUPPORT SERVICE IN LINCOLNSHIRE)

Liaise provide free and confidential information, advice and support to parents of children and young people with Special Educational Needs and Disability. The Service offers a service to children and young people as well as parents.

There is a confidential Helpline and families can meet advisers face to face at a venue that suits them.

The information, advice and support provided includes:

- SEND policy and how it works in practice locally
- SEND legal information
- Gathering and understanding information on SEND
- School admissions and exclusions
- Support with getting the views of children, young people or parents' views heard by schools, health providers, the Local Authority (this could include attending meetings or help writing letters or filling in forms)
- Support with raising complaints about health, education and care relating to SEND;
- Information, Advice and Support on Tribunals and Disagreement Resolution.
- Giving information about other organisations who could help

- including local Healthwatch, local and national charities; parent support groups.

Independent Support

Liaise will be working with a company called Core Assets to deliver Independent Support in Lincolnshire. Independent Supporters will give information and support to young people and parents of children who are going through the Education, Health and Care Plan process. They can also work with those who are converting from a Statement of SEN or a Learning Difficulty Assessment to an EHC Plan.



www.lincolnshire.gov.uk/Liaise



0800 195 1635



Liaise@lincolnshire.gov.uk

LINCOLNSHIRE COMMUNITY HEALTH SERVICES - CHILDREN'S THERAPY SERVICE

Each child is unique and individual, and will develop skills at different rates. If your child is having difficulty developing certain skills they may benefit from specialist assessment, support and advice from our service.

The Children's Therapy Service is an integrated team made up of Occupational Therapists, Physiotherapists, Speech and Language Therapists and Therapy Assistants. We provide specialist therapy services for children and young people, between the ages of 0 -19, to support them to achieve their potential. We work all across the county of Lincolnshire in a variety of locations.

How to refer

Speech & Language Therapy

We have an open referral system. This means that we accept referrals from any source including from parents, health visitors, pre-schools, nurseries, mainstream and special schools, paediatricians and GPs.

Occupational Therapy

The Children's Occupational Therapy Team requires a referral to be completed by a healthcare professional in order to be accepted; this includes health visitors, school nurses, GPs and paediatricians.

If you have any concerns regarding your child's development it is important to discuss this with the most relevant healthcare professional available to you. They will then

be able to organise a referral on your behalf.

Physiotherapy

The children's physiotherapy team requires a referral to be completed by a healthcare professional in order to be accepted; this includes Health Visitors, School Nurses, GPs and paediatricians.

If you have any concerns regarding your child's physical development it is important to discuss this with the most relevant healthcare professional available to you. They will then be able to organise a referral on your behalf.

If your child is under five and you have concerns regarding their development that you can't quite put your finger on, your health visitor will be able to register your child for an 'early intervention' appointment with us.

This is a screening appointment to help establish if your child requires further assessment and support from our service, or onward referral to other services for support.



www.lincolnshirehealthyfamilies.nhs.uk/childrentherapyservices/



01522 309025



LHNT.lincschildrenstherapyservice@nhs.net

LINCOLNSHIRE PARENT CARER FORUM

Lincolnshire Parent Carer Forum (LPCF) is Lincolnshire's Parent Carer forum recognised by the Dept for Education.

LPCF is a registered Charity supporting parents and carers of children with disabilities and SEN in Lincolnshire through its parent carer forum.

LPCF are responsible for representing the views of a wider group of parents and carers through their Parent Carer Forum.

 <http://www.lincspcf.org.uk/>







 0845 33 11 310

 admin@lincspcf.org.uk

LINKAGE CHILDREN & FAMILIES

Linkage offers employment support, care services and short break services.

In addition to our independent specialist college, Linkage also delivers the following to young people with learning disabilities.

-  Adult Skills
-  Residential Care
-  Supported Living
-  Community Support
-  Short Breaks
-  Employment Services

The value of these integrated services offers a holistic framework of support that underpins individual life and learning journeys and, we believe, demonstrates a culture of inclusion, high expectation, involvement and achievement. This is exemplified in the experiences of both current and former students, many of whom have the experience of a 24-hour curriculum and move on, post-college, to live in Linkage supported accommodation and gain paid work with the support of Linkage's Employment Services.

 www.linkage.org.uk

 01522 503183

 Sylvia.hutcheson@linkage.org.uk

LISTENING EARS COUNSELLING SERVICE

Free Counselling Service for Adults and Children from 7 years.

We abide by the code of ethics defined by The British Association for Counselling and Psychotherapy (BACP). All our counsellors are members of the BACP or ISPC. They are required to attend 1.5 hours supervision per month.

How can we do this FREE?

Our Counsellors are all classroom trained and have achieved a minimum Advanced Certificate in Counselling they are currently working towards their level 5 Advanced Diploma.

Lindum College requires a minimum of 100 voluntary hours working with clients as part of the Level 5 Advanced Diploma. These hours enable us to offer counselling as a free service,

Many of our counsellors volunteer their services after they have attained their Advanced Diploma.

The FREE service is sponsored by Lindum College Ltd. Specialised Counsellor Training and Continued Professional Development.



www.lindumcounselling.co.uk



01522 804126
07711306949



lindumle@msn.com



PORTAGE

Portage is an educational home visiting service for pre-school children and their families.

Portage works in partnership with parents and their children, offering advice on, and structured strategies to tackle;

- Specific learning difficulties
- Autism
- Language and communication skills
- Physical disability
- Learning through play

Where appropriate your Portage Home Visitor will liaise with other services to support your child.

The Portage Co-ordinator will then contact the family and discuss the best options for the child.

In partnership with the family the Home Visitor will devise a programme of activities to tackle the specific difficulties, and to achieve successful developmental progress.

Referral

Referral from other professionals (Paediatrician, Educational Psychologist, Health Visitor, Speech and Language service). Parents may also refer their child to the Portage service themselves.

Spilsby/Skegness and District



www.portage.org.uk



01790 752441



mandy.sylvester@eresby.lincs.sch.uk

Grantham and District



www.ganf.org.uk



01476 564957



jane.rose@ganf.org.uk

Louth/Horncastle and District



www.ganf.org.uk



01507 603776 Louth
01507 522563 Horncastle



ann.ordish@lwf.lincs.sch.uk

Lincoln and District



www.lincolnstchristophers.com/about-us/portage/



01522 528378
07789 075631

Boston and District



01205 363395



enquiries@john-fielding.lincs.sch.uk

Spalding and District



07935417289



karen.kitney@garth.lincs.sch.uk

Bourne and District



01778 425203



Marie.Kershaw@willoughby.lincs.sch.uk

SENSORY EDUCATION AND SUPPORT TEAM (SEST)

The Sensory Education and Support Team (SEST) offers support and specialist teaching to children with a visual, Multi Sensory and Hearing Impairment. The service aims to ensure that children and young people with sensory impairment are able to access their educational environment and make progress in order to raise aspirations and maximise their development.

Referral

An initial assessment to provide a diagnosis must be made by a health professional before a referral takes place.



www.cwdsi.co.uk

01522 552680

SHORT BREAKS

The Short Breaks Team are a service within Children's Services that plan and develop, in consultation with young people and their families, the Short Break Activities in Lincolnshire including Short Break subsidised holidays for families to have a break together.

Whilst the primary role is the care of children enjoying short breaks away from their families; care staff, area colleagues, schools and other agencies work together to maximise the benefits and opportunities of children and their families.

The short breaks services have been designed to enable children, young people and their families to enjoy breaks together, as well as enabling young people to enjoy activities independently in their community.

Short breaks come in a variety of formats and each one can last from just a few hours to a few days depending on the type of provision and the needs of the child or young person.

Short Breaks tackles isolation, provides access to leisure facilities, develops friendship networks, promotes personal development and promotes happiness and well-being for the child, young person and their family.



www.cwdsi.co.uk

01522 553536

shortbreaks@lincolnshire.gov.uk

TRIPLE P - STEPPING STONES

Tripple P- Stepping stones is a parenting programme which is specifically for parents and carers of children with a disability aged 0-12 years. The programme offers a range of practical strategies to enable parents to teach their child new skills, develop and build strong and healthy relationships with their child.

This group is targeted for parents with a child aged 0-12 years old with a developmental disability. It can be extended to support young people up to the age of 15.

Triple P is a 9 week programme made up of:

- Five weekly 2 1/2 hour group sessions
- Three 20-30 minute individual telephone consultations
- Final group and feedback session

Referral

Families can self refer on to this course at their local Children's centre.

Parents say:

"I feel more confident as a parent; I have learnt some new strategies for managing my son's behaviour in the future"

"It's one of the best things I've been on"

UNITED LINCOLNSHIRE HOSPITALS NHS TRUST - SPECIALIST NURSE FOR CHILDREN WITH ADDITIONAL NEEDS/ COMPLEX DISABILITIES

This role has been developed to provide support and education to professionals, to support families who have children with additional needs/complex disabilities/Autism Spectrum Disorder.

A specialist service is offered to professionals working with children aged between 0-19 years, within the county of Lincolnshire.

Key aspects of the role are to:

- Provide up to date information & signpost to appropriate services
- Provide a liaison service between CAMHS, Educational Psychologists, Community Paediatricians, and other Health, Education & Social Care Professionals as necessary, to provide a co-ordinated service
- Provide training to promote “Autism Awareness” among professionals & increase understanding of Autism Spectrum Disorders
- Suggest & provide additional strategies to support and manage behaviours, promote sleep, continence and positive diet
- Provide partnership training to parents of children with autism to support understanding and promote positive coping strategies
- Advisory/Support

Referral

In order for a referral to be made to this service, it is necessary that another professional from health, social care or education is already involved and co-ordinating support for the child and their family. This service provides additional specialist advice and support to maximise support offered to the family within the local area.

The Specialist Nurse for Children With Additional Needs/Complex Disabilities does not hold a caseload, but supports other professionals.

Referral can be made through telephone contact, email, or via task service on Systm1- please find Joanne McCardell in drop down menu of Lincolnshire Community Paediatrics



01522 521186



Non-Secure Email: joanne.mccardell@ulh.nhs.uk, Secure email jo.mccardell@nhs.net

UNITED LINCOLNSHIRE HOSPITALS NHS TRUST - COMMUNITY NURSING

A specialist service is offered to school age children with severe learning disabilities and their families where there is an additional health need. These children may also have other conditions such as epilepsy, autism, ADHD. The community nurse will work with families at home or in a school setting to promote health, competence, choice and quality of life for children with severe and/or profound learning disabilities, to address areas of need and effect positive change. The main area of the service is delivered in Lincoln and surrounding areas.

This service liaises with Paediatricians, Psychiatrists, Psychologists and other health, education and social care professionals as necessary to provide a co-ordinated service.

Key aspects of the role:

- General support to children and families through periods of developmental change or particular difficulty
- Assessment and management of behaviour, continence, sleep, medications, specific conditions
- Monitoring of programmes, medication and health
- Promoting social, communication and self-help skills
- Health promotion and self-protection/sex education
- Ensuring appropriate referral for diagnostic assessment and/or treatment

- Teaching/advising the professionals and carers in primary care and acute settings, the voluntary sector and parents and carers
- To engage others in improving the hospital experience for children with learning disabilities
- Facilitating groups for children and young people with learning disabilities, and their parents.

Referrals

Referrals can be accepted from GPs, other Health, Education, or Social Care Professionals & Parent/Carers can self-referral. Adequate information is required about the child and reason for referral, along with information that may reduce risks to the safety of nursing staff working alone. A referral form is available on request.



01522 512512



carol.bentley@ulh.nhs.uk (Non secure) Secure: *carol.bentley@ulh.nhs.net*

UNITED LINCOLNSHIRE HOSPITALS NHS TRUST - SPECIALIST NURSE TRAINERS FOR CHILDREN WITH DISABILITIES

Specialist Nurse Trainers support children with disabilities and additional physical health needs in a variety of settings by providing training and support to their carer's. We are trained children's nurses with community experience who work with children from birth to the age of 19 years, and we work alongside the children's community nurses and school health nurses and a range of other professionals.

We aim to provide training for nursery/school staff, transport staff, and any carer of a child with medical health needs. The service aims to provide ongoing support to carer's and also provides resources for training that can be used by other professionals.

We aim to be as flexible as possible to meet the required training needs of individuals. This service operates all year round, Monday to Friday 9 am – 5 pm, and any training/visits can be arranged outside of these hours with prior agreement.



01522 521186



ulh-tr.specialistnursetrainers@nhs.net



WORKING TOGETHER TEAM

The Working Together Team offers high quality support to schools and academies working with students with a wide range of social communication and / or learning needs. Working in partnership with our colleagues in schools and academies within the graduated approach outlined in the SEN Code of Practice, the Working Together Team provides expertise and practical specialised assistance that enables children and young people to achieve the best possible educational outcomes and make successful transitions to adulthood.

We offer enhanced Outreach Support for Social Communication [including Autism]. This could include face to face advice and training for whole school, Teaching Assistants, Parents or Carers and Governors.

The Service is a National Autistic Society Accredited Service.

We provide training:

- To schools, voluntary organisations, professional groups and parents on a wide range of themes including access to learning, transitions, stress and anxiety, behavioural support, sensory differences, Early Bird [Plus], Healthy Minds
- For parents, teachers and teaching assistants on providing appropriate intervention programmes and strategies
- Working within the AIM4LINCS Quality Mark to create autism friendly educational environments

Specific training of teachers in using classroom strategies.

Language service:

- Producing and distributing practical guidance for schools and parents
- Providing advice regarding Access Arrangements and provision mapping
- Keeping colleagues up to date with the latest guidance, research and best practice
- A telephone helpline offering free guidance to schools, parents/carers and pupils
- Supporting "drop - ins" in collaboration with other agencies where staff and/or parents can share and gain information
- Liaising with parents and those outside agencies involved in support for pupils with social communication needs and their families.

Referrals

Access to Outreach is via your child or young person's school.

Where direct support for a student is requested, parental agreement must be obtained before work can commence.



01775 840250



outreach@gosberton-house.lincs.sch.uk

NATIONAL CHARITIES AND SOCIETIES

1 IN 5 PEOPLE (19%) IN THE UK HAVE A DISABILITY”

Disability Fact and Figures 2016, Papworth Trust.






A national charity who campaign for the rights & recognition of unpaid carers, providing support regarding the following; financial, practical, health related, employment, relationship and equipment/technology.

 www.carersuk.org



A national charity that provides on-going support to families of children (age 16 & under) with neurological conditions, up to date information & research and regional family support forums.


 www.cerebra.org.uk

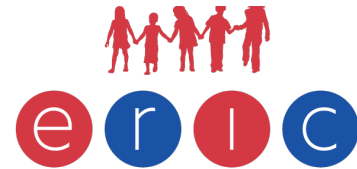
 01267 244200



A national charity who provide support, information & advice to families with disabled children & bring families together so they can support each other.

 www.cafamily.org.uk

 0808 808 3555



The Children's Bowel & Bladder Charity

A UK charity that supports, educates and provides resources & guidance to improve childhood and adolescent bowel and bladder health


 www.eric.org.uk

 0845 370 8008



A national charity providing grants to families caring for disabled and seriously ill children under 18.

 www.familyfund.org.uk

 01904 621115



Helping children
to spread their wings

A national charity that can provide equipment to support children with additional needs, such as eating & drinking aids, safety items, and appropriate swim wear, through mail order.

 www.fledglings.org.uk

 01799 541807



Living made easy™

Clear, practical advice on daily living equipment

DLF part of Shaw Trust is a national charity providing information and advice about aids to daily living that enable people to live independently. Living Made Easy www.livingmadeeasy.org.uk provides advice about thousands of products and has a Children's section full of up-to-date

products and impartial advice. DLF also run AskSARA an online guided advice tool which produces useful reports.

Try

<http://asksara.dlf.org.uk/index.php?auth=childrens> to explore the help. www.livingmadeeasy.org
0300 999 0004



A national charity who provide support, information & advice to families with disabled children & bring families together so they can support each other.



www.disabledliving.co.uk/Promocon



0161 607 8219



“Working to ensure children get a good night’s sleep” A national charity who provide support, information & advice to families with disabled children & bring families together so they can support each other.



www.thechildrenssleepcharity.org.uk



01302 751416



A UK charity who provide support and information to people on the autism spectrum and their families.



www.autism.org.uk



0808 800 4104 (Autism Helpline)
0808 800 4102 (Education Rights)
0808 800 4106 (Parent to Parent)

FAMILY SUPPORT GROUPS

**“THERE ARE AROUND
3,320 YOUNG PEOPLE IN
LINCOLNSHIRE WITH A
STATEMENT OR EDUCATION
HEALTH AND CARE PLAN”**



CANADDA (COMMUNITY ADULT NETWORK, ASD, DYLEXIA, DYSPRAXIA & ADHD)

Lincoln Community Adult Network, ASD, Dyslexia, Dyspraxia & ADHD. A neurodiversity group that supports people with these conditions ASD, Dyslexia, Dyscalculia, Dyspraxia, Dysgraphia and ADD/ADHD.

We are a friendly neurodiversity support group, based in Lincoln, for people on the autistic spectrum. Newcomers are warmly welcomed and membership is free.

CANadda holds regular coffee meetings and social events to give members the opportunity to meet and make new friends.

Our services include:

- Raise awareness of the different neuro conditions
- Provide awareness training, talks and presentations
- We offer help and support for professionals
- Social events
- Information to help with employment and further education
- A lending library of books and information
- Neurodiversity ID Alert Card/ Wristband scheme
- Provision of Personal Safety Alarms
- Open door service
- we produce a free monthly newsletter



www.canadda.org.uk



01522 716899



canadda@canadda.org.uk

CARER'S FIRST

Carers FIRST is a charity supporting adult and young adult carers across Lincolnshire. A carer is anyone who provides unpaid care to someone who due to ill health, physical or mental illness, disability, frailty or addiction, cannot manage without their support. Carers can be of any age and may be looking after a friend, relative or neighbour.

Our trained staff work in the community supporting carers, ensuring we respond to their needs locally. We provide emotional and practical support, advice, information and guidance. We offer statutory carers assessments and opportunities for carers to access training, social groups, activities, trips and more.

If you are a carer who is registered with Carers FIRST or if you simply want to find out more about us and the services we can provide then contact us directly:



0300 303 1555



info@carersfirst.org.uk

Carers FIRST delivers The Lincolnshire Carer Service in partnership with Lincolnshire County Council's Customer Service Centre. Carers and Professionals can refer to the service by calling the Customer Service Centre. Carers will then be referred to Carers FIRST for on-going support.



01522 782224



carersservice@lincolnshire.gov.uk

CIRCLES OF SUPPORT

Circles of support is a way to support people in Lincolnshire with learning difficulties or autism to realise their dreams and aspirations.

It offers support during a transitional time in the focus person's life such as a change of school or moving on; by using the support of friends, family, support networks, paid professionals and staff.

Circles meet as often as the focus person requires and can become an excellent way to compliment support already in place or can establish where support is required. Circles is a project funded by Lincolnshire County Carers and it is free of charge.

Circles project can also offer Circle workshop days, by going into schools. The day includes supporting each person to make a person centred plan of their own and think of the future and how they would like it to be. The workshop days also have proven to be effective in day bases for adults with learning difficulties and/or autism.



07857625792



rogers1emma@sky.com



FAMILYFOCUS LINCOLNSHIRE

Long term therapeutic family support, is the thread which runs through all our work.

Family Support, private referrals as well as agency referrals. Helping families who feel their family functioning has gone awry, families in crisis, have concerns about their children, how as a family they communicate, we help families to see the 'wood from the trees'. We offer independent professional support.

High Vigilant Supervised Contact, this includes helping professionals to have a clear understanding of the aim of contact, what is to be achieved, helping to prepare for parenting at a distant, therapeutic work, analytical interpretation of final reports, pre-contact meeting and regular review of contact. Flexibility about contact times i.e., bedtime, meal times, school run etc.

Direct work – with adults or children. Helping a person to understand their past and present situation in order to plan effectively for the future.

SHARE – support group for parents/carers with an autistic child/young adult up to 24 yrs. Group run by parents for parents. SHARE stands for Support Help Awareness Respite Encouragement

The Grub Club – a new project helping families to change to a more healthy diet with the belief a change in diet may bring about a change in behaviour for both adults and children. Working directly in the family home.



www.familyfocus.lincolnshire.org.uk



01522 508360
07930194175



enquiries@familyfocuslincolnshire.org.uk

GRANTHAM AUTISTIC INFORMATION NETWORK

GAIN provide to supporting parents and carers of children aged two to sixteen on the autistic spectrum. They provide support, events and information to parents and carers of children with autistic spectrum disorders.



www.gain-grantham.co.uk



01476 855070



LINCOLN ADHD SUPPORT GROUP

We are an organisation made up of parents of children with ADHD and other associated disorders. We are dedicated to providing as much up-to-date information, resources and networking opportunities to parents of children with Attention Deficit/Hyperactivity Disorder (AD/HD) and the professionals who serve them.



www.lincolnadhd.org



01522 719 173



lincoln.adhd@btconnect.com

LINCOLNSHIRE AUTISTIC SOCIETY

The Lincolnshire Autistic Society champion the rights and interests of all people with autism. They work together to raise awareness of autism, and to provide support & advice to families across Lincolnshire, and to share up to date information. They also award a quality mark award to schools and providers who reach certain standards.



www.lincolnshireautisticsociety.org.uk



01775 821213



enquiries@lincolnshireautisticsociety.org.uk

LINCOLNSHIRE DOWN SYNDROME SUPPORT GROUP

We are a parent-led charity whose principle aim is to enhance the lives of people with Down's Syndrome and their families in Lincolnshire. Established in 1983 by a group of parents wishing to offer support and share experiences of parenting a child with Down's Syndrome, we still hold this value at the heart of our group. We love to welcome new members and regularly hold events where families can gather to offer each other support, advice and most importantly, friendship. We currently support over 70 families throughout Lincolnshire and see ourselves as one big family joined by a common thread.....we all love someone with Down's Syndrome and value the joy they bring to our lives!

Social Events - We host a range of fun activities throughout the year where families can meet new friends and share their experiences. Our events are enjoyed by over 130 members and their families who report finding the events friendly and great fun.

Training - We provide training for family members and professionals to ensure that all those supporting people with Down's Syndrome have access to the most up to date knowledge and skills, so our members receive the best care possible.

Individual Support - We also provide 1:1 support for families when they need some assistance to deal with challenging times. Our volunteer parents love to meet up with new families who are just starting their lives with a child with Down's Syndrome to provide support and guidance at this most daunting time. Equally, we love getting together with

existing members and their families who may be facing new challenges and working to help deal with any issues.

Carers Specialist - LDSSG can offer the support of a volunteer parent with specialist expertise in supporting families to ensure they have access to the correct financial and practical support. Please contact us if you require support around access to benefits etc.

Access to Funding - We can provide financial assistance towards resources which will improve the quality of our member's lives and are not available from statutory sources. We have previously made contributions towards sports activities, specialist equipment and mobility aids.

Fundraising Events - We prioritise raising awareness within our communities and regularly hold events to promote greater understanding of Down's Syndrome. We hold a bi-annual Charity Ball and many other fundraising events to ensure we can continue working to support our members and enhance their lives. We also produce a calendar featuring our amazing members yearly.

For more information please contact below



www.lincsdownsyntaxrome.org.uk



07902121870



Eileen.ldssg@hotmail.com

LOUTH AREA AUTISM FAMILY SUPPORT (LAAFS)

LAAFS is a support group dedicated to offering help, information, care and support to parents & carers of children and young people who have either a pre-diagnoses or a diagnoses of Autistic Spectrum Disorder. Professional contributions also welcome.

Meeting:

14:00-16:00 Every 2nd Saturday of each month at Trinity Centre, Louth. Please check LAAFS Facebook page



www.laafs.org



07982 787823



contact@laafs.org

Facebook page LAAFS

PARENTS AND AUTISTIC CHILDREN TOGETHER (P.A.A.C.T)

Parent support group – meetings held 1st Thursday of each month, 7.30 pm – 9.30 pm, & 3rd Thursday 10.00 am – 12.00 noon at St Peter & St Pauls Parish Centre, Skellingthorpe Road, Lincoln, LN6 7RB



[PAACT Facebook](#)



paactsupport@hotmail.co.uk

RAINBOW STARS

We are a support group supporting families that have a child with additional needs. We also have play dates, discos, and coffee mornings. Fundraising for trips.



01529 968409



Jane.peck@hotmail.co.uk

SHARING MINDS PARENT SUPPORT GROUP

Support group for parents of children with additional, special and complex needs including learning difficulties

We meet the last Wednesday of each month 10.30am - 12.30pm, these sessions are held at my home, term time only.

Sharing Minds Parent Support Group weekly family fun disabled/special needs swim sessions.

Sunday 14:00-15:00

Wednesday 18:30-19:30

For children with additional/special and complex needs including learning difficulties.

Family fun splash sessions at the South View Leisure Pool.

We hire out the complete pool, we have balls and noodles also a flume is available to use.

some rules are relaxed for our session.

All children must be supervised at all times.

Families welcome far and wide! Come and join in the fun!

£3 per adult

£2 per child



07841 041685/ 01754 820821



emmaslack22@yahoo.co.uk

USEFUL INFORMATION

**“ IT IS ESTIMATED
THAT THERE ARE
286,000 CHILDREN
(180,000 BOYS,
106,000 GIRLS)
AGE 0-17 IN THE UK
WITH A LEARNING
DISABILITY. ”**

Learning Disability Statistics: Children www.learningdisabilities.org.uk



ACTION FOR CHILDREN - DISABILITY LINCOLNSHIRE

Nationally - Action for Children is a UK children's charity committed to helping the most vulnerable and neglected children and young people break through injustice, deprivation and inequality, so they can achieve their full potential.

Locally – We have been delivering various services to disabled children and their families in Lincolnshire since 1988.

Our Short break services really make a difference to children and young people who have multiple and complex disabilities, as well as Autism Spectrum Conditions and/or sensory impairments and their families.

Our goal is to ensure that disabled children and young people have the same opportunities in life as their non-disabled peers. Our community and youth groups do just that, by helping children and young people to meet and make new friends whilst enjoying new opportunities and experiences in a safe and caring environment.

We let children decide what they want to do and work with them to make their wishes a reality. The approach is about being inclusive, flexible and, above all fun.

We know from experience that families of disabled children are more likely to experience family breakup, but short breaks can reduce family stress and prevent families from reaching crisis point. It's about enhancing emotional wellbeing, building resilience and improving life chances.

Our project office is based in the City of Lincoln; however we deliver services all over the county of Lincolnshire. Our community and youth group sessions are held in fixed locations in each district however the buddying service is arranged to be held wherever the support is required.

Referral

Anyone can make a direct referral to any of our services, by telephoning or e-mailing the office.

Once a referral has been allocated to a co-ordinator they will contact the family to gather further information to see how they can meet the child/young persons and families needs.

Our short break services take place in the evenings and at weekends, as this is the time when children and young people are available to access them.

All the sessions are available throughout the whole year.

<http://services.actionforchildren.org.uk/disability-lincolnshire/>

01522 546516

disabilitylincolnshire@actionforchildren.org.uk

HELSEY HOUSE HOLIDAY COTTAGES

Award winning self catering cottages situated on the East Coast of Lincolnshire close to Chapel St Leonards, Sutton-on-Sea, Skegness and Mablethorpe. We especially welcome families with autistic spectrum disorders, learning disabilities and other specific needs including the elderly frail, Parkinsons and Dementia or limited mobility. Each cottage has two bedrooms and can sleep a maximum of five people. The Dairy cottage has a wheelchair accessible shower. A shower wheelchair and mobile hoist are available for guests' use. We can provide a carer support package if required. Please contact us for details. There is a large play area with a pergola, swings, trampolines and climbing frame as well as an above ground metal frame pool [summer only].

www.helseycottages.co.uk

01754 872927

info@helseycottages.co.uk

KIDS

We work with and support children and young people from birth to the age of 25 who are disabled, that is they have a physical, sensory or mental impairment (including mental illness) which in interaction with social, attitudinal and environmental constraints, creates barriers which hinder their full and equal participation in society.

This falls into three streams:

Early Years

Early Years is about working with babies and young children from birth to five and includes encouraging children to play together and have fun while also promoting motor skills and communication development as well as supporting parents to help them develop skills in caring for the needs of their child.

School Years

These services focus on children of school age. They can be educationally based, purely play and leisure activities or a combination of both. Some also focus on providing respite for the family which can relieve the strain on the family and reduce stress on parents while giving the child or young person an opportunity to get away from the family home, enjoy new experiences.

Transition into adulthood

KIDS' transitions services directly support young disabled people to make the transition from adolescence to adulthood: a time when a

lot of the support they are able to receive may be coming to an end.

In Lincolnshire KIDS provides

- Disagreement Resolution and Mediation
- KIDS Early Support and Learning Provision Sessions
- KIDS Strut
- KIDS Strut After School Club
- KIDS Strut Holiday Club

www.kids.org.uk

01522 542937

AS ADULTS SUPPORTING CHILDREN WE CAN HELP BY;

Taking time/showing patience

Providing visual support

Being consistent and provide structure

Adjusting out communication

Giving limited choices

Using simple language

Defining different areas of the room to promote learning

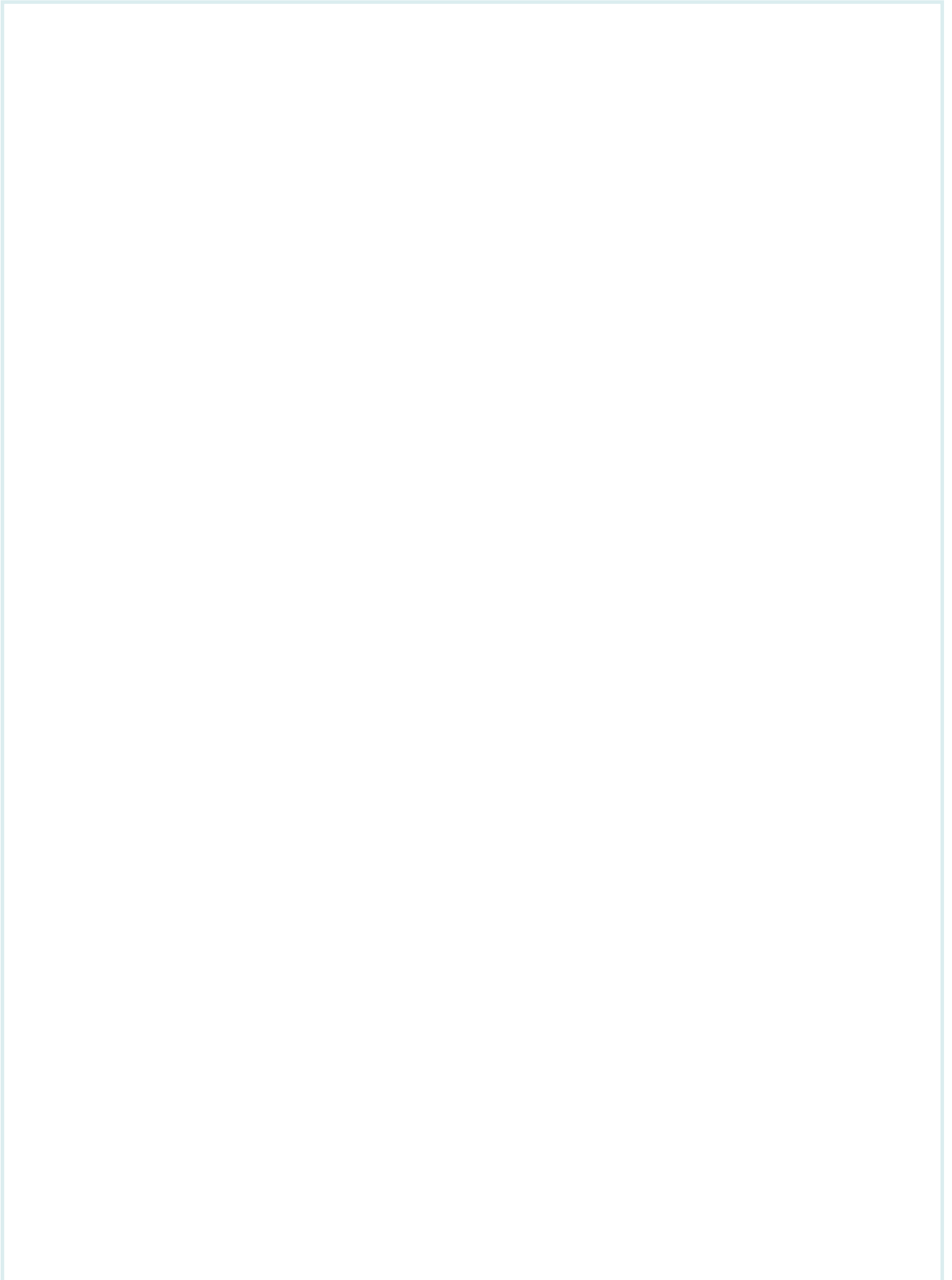
Identifying Triggers

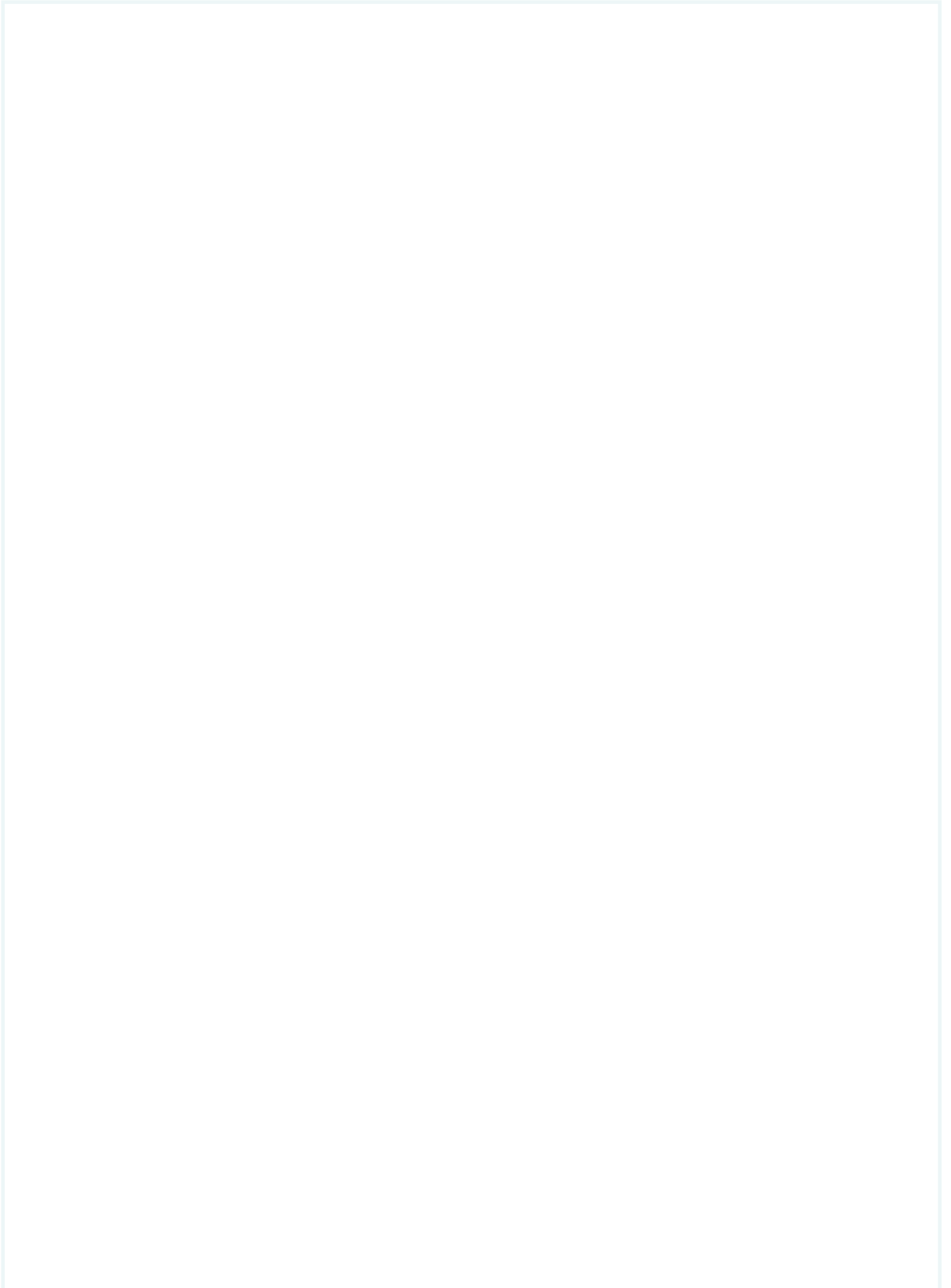
Showing an interest in a special interest

Preparing for change

NOTES







For more information on services or if you would like an online copy then please visit www.lincolnshire.gov.uk/fsd

Or call **0800 1951 635**

7V2 June 2017