



An online support on talking about debt with your partner

Debt and relationships

Debt and money troubles are one of the biggest causes of relationship stress, and the rising cost of living could mean this becomes a greater issue for many families

We have a collection of real-life animated stories and debt support articles, focusing on how people find themselves in debt, the impact it has on relationships, and why it's good to talk about it.

You can find this material in your OnePlusOne parent resource alongside *Me, You and Baby Too*, *Arguing Better*, and *Getting It Right for Children*.

To access the support, you will need a smartphone, tablet, or computer, and a good internet connection. It's FREE to use, so you'll just need to create an account with a username and password.



Register at this address www.oneplusone.org.uk/parent-resources-for-england or scan the QR code

Alongside the animated stories, there are sections covering:

- What to do if you're in debt and haven't told your partner
- What to do if you think your partner is in debt and hasn't told you

Each section contains helpful advice and tips to help people prepare for conversations about debt so they can move on together.